

## SPICED SWEET POTATOES SOUP (VEGAN)

### The Recipe

<https://cuisinedaubery.com/recipe/sweet-potatoes-soup/>

Spiced Sweet Potatoes Soup (vegan)

Servings: 6

Preparation Time: 5 Minutes

Cooking Time: 30 Minutes

Skill: Easy Level

Cuisine: Asian Cuisine

Courses: First Course, Soup,

### Ingredients

#### For 6 servings

1 Onion

3 Cups Water (700 grams)

1 1/2lbs Sweet Potatoes (700 grams)

1 Bunch of Cilantro

1/3 Cup Shredded Coconut (30 grams)

1 2/3 Cup Coconut Milk (400 grams)

1 pinch of Salt

\*Spices

1 teaspoon of Cumin

1/2 teaspoon of Powdered Ginger

1 tablespoon of Coriander Powder

#### For 3 servings

1/2 Onion

1 1/2 Cup Water (350 grams)

3/4lbs Sweet Potatoes (350 grams)

1/2 Bunch of Cilantro

3 Tablespoons Shredded Coconut (15 grams)

3/4 Cup Coconut Milk (200 grams)

1 pinch of Salt

\*Spices

1/2 teaspoon of Cumin

## SPICED SWEET POTATOES SOUP (VEGAN)

1/4 teaspoon of Powdered Ginger  
1/2 tablespoon of Coriander Powder

### For 4 servings

0.6 Onion  
2 Cups Water (466.6 grams)  
1 lbs Sweet Potatoes (466.6 grams)  
0.6 Bunch of Cilantro  
3 Tablespoons Shredded Coconut (20 grams)  
1 1/4 Cup Coconut Milk (266.6 grams)  
1 pinch of Salt

### \*Spices

0.6 teaspoon of Cumin  
0.3 teaspoon of Powdered Ginger  
0.6 tablespoon of Coriander Powder

### For 2 servings

0.3 Onion  
1 Cup Water (233.3 grams)  
1/2lbs Sweet Potatoes (233.3 grams)  
0.3 Bunch of Cilantro  
2 Tablespoons Shredded Coconut (10 grams)  
1/2 Cup Coconut Milk (133.3 grams)  
1 pinch of Salt

### \*Spices

0.3 teaspoon of Cumin  
0.1 teaspoon of Powdered Ginger  
0.3 tablespoon of Coriander Powder

## Steps

Here's the recipe video: